

8 QUESTIONS ABOUT DECLUTTERING

to ask yourself for each item when Decluttering
your closet, your house, your office...

Feng Shui highlights the importance of living with what you love, and love what you live with:

Make sure all your possessions, clothes, furniture, art... are enhancing your CHI, personal energy, and have pleasant memories or feelings attached to them.

- 1) **Do I love it NOW?** That's different if you used to love it, if now you do not love it anymore, it does not belong here in your space anymore
- 2) **Do I use/need/wear it NOW?** If you haven't worn/used/needed an item in a year or more, it's time to let it go. If your answer is "I keep it when I might need it", then time to let it go now.
- 3) **Does it represent who I am NOW in life?** If it represents you in the past, it projects an old image of yourself. Then it does not help in the manifestations of your aspirations
- 4) **Does it fit me? Do I feel good about it?** If something is truly uncomfortable you need to let it go.
- 5) **Does it support me** by being there in my wardrobe, in my space? If not why am I holding to it now then?
- 6) **Does it need to be repaired** and fixed and am I willing to do so now? If not, no reason to keep it
- 7) **Does it represent what I intend to manifest in my life?**
- 8) **Would I take it with me** if I was moving to another home today?

➤ ***Each item is essentially an "environmental affirmation".***
➤ ***Letting go of the old, it attracts the new!***



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